



Refresh.ED

Online Food and Nutrition Teaching Resources



Refresh.ED Report card

With only three weeks until the end of the school year, we thought a report card on *Refresh.ED* would be appropriate.

Since launching the website in June this year, the *Refresh.ED* team have been busy presenting at three professional conferences, eight university pre-service teacher sessions, two hands on workshops and two video conferences. Feedback received from these presentations has been positive. Teachers have expressed their enthusiasm towards the resources which has been reflected in the growing number of registration numbers. Currently we have over 1400 registered users!

Thank you to everyone who has accessed the website and materials up to date and don't forget to spread the word about *Refresh.ED* to your colleagues.

In 2015 we plan to continue promotion and professional learning with two *Refresh.ED* workshops planned to be held in late February. In these half day workshops, teachers will hear what *Refresh.ED* is about, what resources we have to offer and experience some of the learning tasks in hands on sessions. Further information will be posted on the *Refresh.ED* website early next year.



Hands on food

Healthy Christmas treats

Need some new ideas for the class Christmas party? How about preparing a range of cheese, fruit and vegetables and asking your class to come up with their own Christmas trees, Santas or reindeers? You can build this into a lesson emphasising healthy snacks and food hygiene. **See *Refresh.ED* Kindergarten/ Pre-primary, Year 1 and Year 6 Food and Drink Experience units.**

Here are a few examples!



A celery Christmas tree

However expressions of interest in attending one of these workshops can be sent to refreshedschools@ecu.edu.au.

The *Refresh.ED* team is also excited to announce that early next year we will be releasing a new set of curriculum materials across all ages groups! Keep your eye on the website for more information.

From all of the *Refresh.ED* team, have a safe, happy and nutritious holiday period.

Forgotten your *Refresh.ED* password?

If you are having difficulty logging into the *Refresh.ED* website or cannot remember your password, you can contact us for assistance at refreshedschools@ecu.edu.au.



Cheese reindeers



Grapes with Santa hats



A celery wreath

Our mailing address is: refreshedschools@ecu.edu.au