



Refresh.ED

Online Food and Nutrition Teaching Resources

Developed at Edith Cowan University, *Refresh.ED* provides K –10 teachers with a series of free online food and nutrition teaching and professional learning materials. These materials are designed to support teachers to include food and nutrition content across different learning areas, and at different year levels. Visit www.refreshedschools.health.wa.gov.au to find out more.

This 3.5 hour workshop will introduce primary school teachers to *Refresh.ED* and the diversity of nutrition topics sequenced across the year levels Kindergarten to Year 6. There is no cost to attend this workshop and morning tea and lunch will be provided.

- To:** Primary School Teachers
All Schools
- Date:** Tuesday 24th February 2015
- Time:** 8.30am - 12.00 noon
- Venue:** Newman Siena Centre, Room S.101
33 Williamstown Road, Doubleview WA 6018

AGENDA

- 8.30am—8.45am Registration and Welcome
- 8.45am—9.15am **Introduction to *Refresh.ED***
- Project overview and background
 - Navigating and using the *Refresh.ED* website
- 9.15am—10.15am **Scope of nutrition learning tasks**
- *Refresh.ED* nutrition content and focus areas
 - Group Activity— Exploring primary *Refresh.ED* nutrition materials in a range of learning areas
- MORNING TEA**
10.15am—10.35am
- 10.35am– 11.50am **Sequencing of nutrition learning tasks**
- *Refresh.ED* materials across the age bands
 - Group Activity—Exploring age appropriate content of primary *Refresh.ED* nutrition materials.
- 11.50am—12.00pm **Professional knowledge in nutrition education**
- Online professional learning using *Refresh.ED*

LUNCH

For further information contact Samantha Baker, Refresh.ED project coordinator, on (08) 6304 6798 or at refreshedschools@ecu.edu.au



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REGISTRATION FORM

Workshop details

- To:** Primary School Teachers
All Schools
- Date:** Tuesday 24th February 2015
- Time:** 8.30am - 12.00 noon
- Venue:** Newman Siena Centre, Room S1.01
33 Williamstown Road, Doubleview WA 6018

Registration for this workshop is essential to ensure all participants receive materials and for catering purposes.

Please complete the registration details below by **17th February 2015** and email back to refreshedschools@ecu.edu.au

NAME: _____

EMAIL: _____

CONTACT NUMBER: _____

SCHOOL: _____

YEAR GROUP(S) TAUGHT: _____

SPECIAL DIETARY REQUIREMENTS: _____

Please email completed registration forms to refreshedschools@ecu.edu.au or fax to the Child Health Promotion Research Centre (08) 9370 6511. Once your registration has been received, you will be emailed a confirmation letter with further workshop details.

Registration closes 17th February 2015