



Refresh.ED

Online Food and Nutrition Teaching Resources

Hi << Test First Name >>,

How this term has flown! It's already time for our end of term *Refresh.ED* Newsletter. In this issue, we bring news of new tools to make it easier for you to link food and nutrition to the Curriculum. We also ask for feedback on your preferred social media.

Launch of ACARA Curriculum Connections

ACARA has launched a new resource that identifies connections across learning areas of the F-10 Australian Curriculum for several cross-cutting topics, including food and fibre and food and well-being. The resource provides food related examples to address cross curriculum priorities, as well as food related elaborations for content descriptions across a range of learning areas. It is designed to assist teachers in developing cross-curriculum programs with real-world applications that can increase students' engagement and deepen their learning.



Food and well-being. Developed in consultation with the Home Economics Institute of Australia (HEIA), the food and well-being connection supports teaching about individuals, families and communities, the nature of food and food safety, and how to make informed and appropriate food preparation choices.



Food and fibre. Developed in consultation with the Primary Industries Education Foundation Australia (PIEFA), the food and fibre connection looks at the production of the food we eat, the fibres we use and includes marketing, consumption and the sustainable use of resources.

Visit Curriculum Connections on the Australian Curriculum [website](#).

Curriculum Connections using Refresh.ED

Refresh.ED offers teaching units already designed to address Curriculum Connections. Each unit is linked to strands, sub-strands and content descriptions of specific learning areas within both the Australian and WA Curriculum. Most units link directly with Health and PE or Design and Technologies, but can be linked to one or more other learning areas. A new table has been provided within each unit to show how it links to these other learning areas. In addition, a table shows how the learning tasks align with each of the seven general capabilities required to be taught across the curriculum. Check [here](#) the possibilities for the year level you teach.

We are working on a summary for all years for each learning area. Check out the summary of [Health and PE K-6](#) for a taste of things to come.

What else is new on the Website

The landing page for each primary teaching unit has been changed. You can now read a description of each learning task within the unit before you download the PDF. We hope this change will help you more quickly decide which units will work best for you and your class. Check the details [here](#) for the year level you teach.



Social Media - Have your say!

Here at *Refresh.ED* we are looking at new ways to share the latest news and teaching ideas on all things food, nutrition and, healthy eating.

We will soon be launching our own social media pages, but we need your help! Your opinions really matter to us so we want to hear from you. Please tell us -

Do you use social media to help with lesson planning ideas?

If so, what platforms do you use? Facebook, Instagram, Twitter, Pinterest, Others?

When do you do most of your lesson panning?

Send your feedback to us at refreshedschools@ecu.edu.au and watch for more information about our social media plans.

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