



This learning task reviews food journeys and teaches students about where particular fruit and vegetables are grown. This will help to develop geography, numeracy and science knowledge and understanding.

A large proportion of fresh produce sold in Australia is grown in Australia. These locally grown fruits and vegetables are usually available in supermarkets, farmers markets or green grocers in some or all months of the year.

Fruit and vegetables are seasonal, meaning there are certain times of the year when these items grow best, and are most readily available to buy in the shops.

Complete the activity below by -

1. Listing a range of fruit and vegetables you regularly see at your local shops in the column on the left.
2. Use the internet to research where in Australia or your local area these foods are grown. Mark this on the map.
3. Use the internet to research what time of the year these items are available/in season. Does this vary with climate zones?

Useful websites:

The Seasonal Food Guide Australia

www.seasonalfoodguide.com

My Green Australia

www.mygreenustralia.com

Buy West Eat Best

<https://www.buywesteatbest.org.au/eat-local/wa-regions/>

<https://www.buywesteatbest.org.au/eat-local/in-season-now/>

Further Extension for Secondary Students

1. Students can research the different growing zones all over Australia. Mark on a larger map of Australia where different foods are grown. Students can consider how different climate zones and soil types are suitable for growing different crops.
2. Students can calculate the distances (food miles) produce may travel to be sold, how it is transported and the environmental impacts of transport.

Food Miles Calculator <https://www.foodmiles.com/> :



Where does it come from?

Activity Sheet

Name of food	Where does it grow?	When is it in season?
		
		
		
		
		