

## Teaching Ideas

# Fast Foods

## Soft drink, burgers and chips – the diet of our youth

A press release from the Australian Bureau of Statistics highlights the high soft drink, burger and chip consumption of 14-18 year old males compared to other groups in the population. [Click here](#) to read the press release.

This article links well to the *Year 8 Getting Food Fast unit*, *Year 9 Food Labels Exposed* and *Know your Drinks* units as well as the *Year 10 Exploring Energy Sources* unit. It also addresses Australian Curriculum general capabilities of literacy, numeracy, critical and creative thinking and personal and social capability. Suggested classroom icebreaker questions include:



- *What is this article about?*
- *Is the headline justified by the data presented?*
- *Do the statistics reflect your own observations of the eating habits of youth?*
- *What influences young males to consume more soft drink, burgers and chips than the rest of the population?*
- *What is the problem with this type of diet?*
- *What might encourage young males to make healthier food and drink choices?*

## New fast food chain to hit Australian shores



It has been announced that a new fast food outlet called Jollibee will soon be coming to Australia by 2017. Jollibee already has over 2,200 stores in the Philippines and 1,000 stores overseas including 29 in the US. Considered to be an Asian take on the popular McDonalds, Jollibee offers its customers a variety of unique fast food options. To read more and to see some of the items on the menu and advertisements,

[click here](#).

Information in this article links well with the *Year 5 Limiting Salt, Fat and Sugar* unit and the *Year 10 Exploring Energy Sources* unit. It also addresses Australian Curriculum general capabilities of literacy, and critical and creative thinking. Suggested classroom icebreaker questions include:

- *What are your thoughts on this new fast food chain coming to Australia?*
- *What are some of the potential health consequence of this new fast chain coming to Australia?*
- *What are some of the potential environmental consequences of this new fast chain coming to Australia?*